



A Division of Albemarle Dermatology Associates

Advanced Peel Information

Proper skin evaluation by your skincare professional prior to your peel is important and will help predict the outcome of your peel

Pre-Treatment Instructions

CLIENTS WHO SHOULD NOT BE TREATED:

- Clients with active cold sores or warts, skin with open wounds, sunburn, excessively sensitive skin, dermatitis or inflammatory rosacea in the area to be treated. Inform the aesthetician if you have any history of herpes simplex.
- Clients with a history of allergies (especially allergies to salicylates like aspirin), rashes, or other skin reactions, or those who may be sensitive to any of the components in this treatment
- Clients who have taken Accutane within the past year
- Clients who are pregnant or breastfeeding (lactating)
- Clients who have received chemotherapy or radiation therapy in the last 6 months
- Clients with vitiligo
- Clients with a history of an autoimmune disease (such as rheumatoid arthritis, psoriasis, lupus, multiple sclerosis, etc.) or any condition that may weaken their immune system

ONE WEEK BEFORE YOUR PEEL AVOID THESE PRODUCTS AND/OR PROCEDURES:

- Electrolysis
- Waxing
- Depilatory Creams
- Laser Hair Removal
- Clients who have had BOTOX®, DYSPORT®, OR XEOMIN® injections should wait until any bruising subsides
- Sunless tanning, spray tanning or UV free tanning
- Retin-A®, Renova®, Differin®, Tazorac®
- Any products containing retinol, alpha-hydroxy acid (AHA) or beta-hydroxy acid (BHA), or benzoyl peroxide
- Any exfoliating products that may be drying or irritating
- Clients who have had medical cosmetic facial treatments or procedures (e.g. laser therapy, surgical procedures, cosmetic filler, microdermabrasion, etc.) should wait until skin sensitivity completely resolves before receiving a peel.

Note: The use of these products/ treatments prior to your peel may increase skin sensitivity and cause a stronger reaction.

For **Melanage and Melanage Mini Peels:** You will leave the office with the applied peel and remove it at the time specified by your provider. Your skin may have a light yellow tinge until removal of the peel solution. Your skin may begin peeling approximately 48 hours after the treatment.